

Country	Cuisine	Dish	Description	Savoring Technique
Japan	Japanese	Sushi	Vinegared rice with seafood or vegetables	Savoring raw fish with soy sauce and wasabi
Italy	Italian	Pizza	Flatbread topped with tomatoes, cheese, and various toppings	Savoring with a sprinkle of oregano and fresh basil
Mexico	Mexican	Tacos	Corn tortillas filled with various meats, cheese, and salsa	Savoring with lime and fresh cilantro
India	Indian	Biryani	Spiced rice dish with meat or vegetables	Savoring with raita or pickle
Thailand	Thai	Tom Yum Soup	Spicy and sour soup with shrimp	Savoring with lime and fresh herbs
France	French	Coq au Vin	Chicken braised with wine, lardons, and mushrooms	Savoring with crusty bread
Spain	Spanish	Paella	Rice dish cooked with saffron and various proteins	Savoring with garlic aioli
China	Chinese	Dumplings	Dough filled with various meats or vegetables	Savoring with soy sauce and vinegar
Greece	Greek	Moussaka	Layered dish of eggplant, meat, and béchamel sauce	Savoring with a side of Greek salad
Lebanon	Lebanese	Hummus	Chickpea dip blended with tahini, olive oil, and garlic	Savoring with warm pita bread
Vietnam	Vietnamese	Pho	Noodle soup with beef or chicken	Savoring with fresh herbs and lime
Brazil	Brazilian	Feijoada	Black bean stew with pork or beef	Savoring with orange slices and rice
Turkey	Turkish	Kebabs	Skewered, grilled meat, often marinated	Savoring with yogurt sauce and flatbread
Argentina	Argentinian	Asado	Barbecue of various meats, typically beef	Savoring with chimichurri sauce
Russia	Russian	Borscht	Beet soup with meat and vegetables	Savoring with sour cream and dill
South Africa	South African	Bunny Chow	Hollowed-out bread filled with curry	Savoring with chutney
Egypt	Egyptian	Koshari	Rice, lentils, and pasta topped with tomato sauce	Savoring with fried onions
Malaysia	Malaysian	Nasi Lemak	Coconut milk rice with sambal, peanuts, and egg	Savoring with fried chicken
Indonesia	Indonesian	Rendang	Spicy meat dish cooked in coconut milk	Savoring with steamed rice
Peru	Peruvian	Ceviche	Fresh fish marinated in citrus juices	Savoring with sweet potato and corn
Sweden	Swedish	Köttbullar	Meatballs served with lingonberry sauce	Savoring with creamy gravy and mashed potatoes
Jamaica	Jamaican	Jerk Chicken	Spicy grilled chicken with jerk seasoning	Savoring with rice and peas
Belgium	Belgian	Moules-frites	Mussels served with fries	Savoring with garlic and parsley
Philippines	Filipino	Adobo	Marinated meat stew seasoned with soy sauce and vinegar	Savoring with steamed rice
Morocco	Moroccan	Tagine	Slow-cooked stew often served in a clay pot	Savoring with bread
Finland	Finnish	Karjalanpiirakka	Rice pies with a rye crust	Savoring with egg butter
Portugal	Portuguese	Bacalhau À Brás	Codfish dish with potatoes and eggs	Savoring with olives
Netherlands	Dutch	Stroopwafels	Wafer cookies filled with caramel syrup	Savoring with tea or coffee
Austria	Austrian	Wiener Schnitzel	Breaded and fried veal or pork	Savoring with lemon wedges
Switzerland	Swiss	Fondue	Melted cheese served in a communal pot	Savoring with bread cubes
Iceland	Icelandic	Hákarl	Fermented shark	Savoring with rye bread
Chile	Chilean	Empanada	Stuffed pastry filled with meat or cheese	Savoring with pebre sauce
Colombia	Colombian	Arepas	Corn cakes filled with cheese or meat	Savoring with hogao sauce
Scotland	Scottish	Haggis	Pudding made from sheep's heart, liver, and lungs	Savoring with neeps and tatties
Hungary	Hungarian	Goulash	Stew made with meat and paprika	Savoring with bread
Lebanon	Lebanese	Tabbouleh	Parsley salad with tomatoes and bulgur	Savoring as a refreshing side dish
Taiwan	Taiwanese	Beef Noodle Soup	Noodles in a rich beef broth	Savoring with pickled mustard greens
Georgia	Georgian	Khachapuri	Cheese-filled bread boat	Savoring with egg and butter on top

Pakistan	Pakistani	Biryani	Fragrant rice dish with spices and meat	Savoring with raita
Morocco	Moroccan	Couscous	Steamed semolina served with stew	Savoring with raisins and almonds
Mongolia	Mongolian	Buuz	Steamed dumplings filled with meat	Savoring with soy sauce
Uzbekistan	Uzbek	Plov	Rice pilaf with meat and vegetables	Savoring with a side of fresh salad
Bangladesh	Bangladeshi	Biriyani	Spicy rice dish with meat and saffron	Savoring with boiled egg and salad
Serbia	Serbian	Āȧevapi	Grilled minced meat served in flatbread	Savoring with chopped onions
Slovenia	Slovenian	Prekmurska Gibanica	Layered cake with poppy seeds, apples, and cheese	Savoring with whipped cream
Czech Republic	Czech	SvĀĀkovĀĵ	Marinated beef served with creamy sauce and bread dumplings	Savoring with cranberry sauce
Indonesia	Indonesian	Nasi Goreng	Fried rice often served with chicken or shrimp	Savoring with fried egg and cucumber
Singapore	Singaporean	Chili Crab	Crab cooked in a spicy tomato and chili sauce	Savoring with mantou buns
Vietnam	Vietnamese	Banh Mi	French-influenced bread sandwich filled with meats and pickles	Savoring with chili sauce
Zimbabwe	Zimbabwean	Sadza	Cornmeal porridge usually served with vegetables or meat	Savoring with a savory sauce
Cyprus	Cypriot	Halloumi	Grilled cheese served as an appetizer	Savoring with fresh lemon juice
Iran	Iranian	Fesenjan	Pomegranate and walnut stew typically made with chicken	Savoring with saffron rice
Venezuela	Venezuelan	Arepas	Cornmeal bread filled with various toppings	Savoring with avocado and cheese
Malta	Maltese	Fenkata	Rabbit stew marinated in garlic and wine	Savoring with crusty bread
Malaysia	Malaysian	Laksa	Spicy noodle soup with coconut milk	Savoring with bean sprouts and coriander
Israel	Israeli	Shakshuka	Poached eggs in a spicy tomato sauce	Savoring with pita bread
New Zealand	New Zealand	Pavlova	Meringue dessert topped with fresh fruits	Savoring with whipped cream
Estonia	Estonian	Kama	Grain mix usually served with yogurt	Savoring with honey
Cuba	Cuban	Ropa Vieja	Shredded beef stew with vegetables and spices	Savoring with rice and beans
Armenia	Armenian	Kharco	Stew made primarily with meat and vegetables	Savoring with lavash bread
Syria	Syrian	Kibbeh	Ground meat and bulgur balls often served roasted	Savoring with tahini sauce
Barbados	Barbadian	Flying Fish	Fried or steamed native fish served with cou-cou	Savoring with local hot sauce
Rwanda	Rwandan	Isombe	Cassava leaves cooked with ground peanuts	Savoring with ugali
Malawi	Malawian	Nsima	Maize porridge served as a staple food	Savoring with vegetable relish
Jamaica	Jamaican	Patties	Flaky pastry filled with spiced meat	Savoring with hot sauce
Sudan	Sudanese	Fatta	Bread soaked in gravy or stew	Savoring with spicy sauce
Kuwait	Kuwaiti	Machboos	Spiced rice dish with meat or fish	Savoring with salad
Lebanon	Lebanese	Baba Ganoush	Smoky eggplant dip	Savoring with pita or vegetables
Sweden	Swedish	Jansson's Temptation	Potato and anchovy casserole	Savoring during festive occasions
Nepal	Nepalese	Dal Bhat	Lentil soup served with boiled rice	Savoring with pickles and vegetables
Uruguay	Uruguayan	Chivito	Beef sandwich with various toppings	Savoring with chimichurri sauce
Vietnam	Vietnamese	BĀĵnh XĀ"o	Savory pancakes filled with meat and veggies	Savoring with lettuce wraps
Sierra Leone	Sierra Leonean	Jollof Rice	Rice cooked with tomatoes and spices	Savoring with fried plantains
Bhutan	Bhutanese	Ema Datshi	Chili and cheese stew	Savoring with red rice
Estonia	Estonian	Rosolje	Beetroot salad with herring and potatoes	Savoring with sour cream
Latvia	Latvian	Grey Peas and Speck	Dish with grey peas and bacon	Savoring with sour cream
Trinidad and Tobago	Trinidadian	Doubles	Curried chickpea filled flatbreads	Savoring with pepper sauce
Samoa	Samoean	Palusami	Taro leaves cooked in coconut milk	Savoring with rice
Montenegro	Montenegrin	NjeguĀĵka Proja	Cornbread often served with cheese	Savoring with fresh butter

Bulgaria	Bulgarian	Shopska Salata	Vegetable salad with feta cheese	Savoring with vinegar and oil
Senegal	Senegalese	Yassa	Marinated chicken cooked with onion and lemon	Savoring with rice
Montenegro	Montenegrin	Priganice	Fried dough balls often served with cheese	Savoring with honey
Kyrgyzstan	Kyrgyz	Beshbarmak	Boiled meat served with pasta	Savoring with onions
Mexico	Mexican	Tamales	Corn dough filled with meats or sweets	Savoring with salsa
Russia	Russian	Blini	Thin pancakes often served with caviar or jam	Savoring with sour cream
Australia	Australian	Vegemite on Toast	Spread made from yeast extract on bread	Savoring with butter
Taiwan	Taiwanese	Braised Pork Rice	Rice topped with braised pork belly	Savoring with pickled mustard
Japan	Japanese	Ramen	Noodle soup with rich broth and toppings	Savoring with chopsticks and spoon
Bhutan	Bhutanese	Jasha Maru	Chicken curry with herbs and spices	Savoring with rice
Sri Lanka	Sri Lankan	Hoppers	Bowl-shaped pancakes with rice flour	Savoring with sambol
Russia	Russian	Olivier Salad	Russian salad with boiled vegetables	Savoring with mayonnaise
Turkey	Turkish	Dolma	Stuffed grape leaves	Savoring with yogurt
Spain	Spanish	Gazpacho	Cold tomato soup with vegetables	Savoring with crusty bread
Malaysia	Malaysian	Roti Canai	Flaky flatbread often served with curry	Savoring with dhal
Mali	Malian	Toucouleur	Rice pudding dish	Savoring with honey
Georgia	Georgian	Pkhali	Vegetable pĀctĀ© with walnuts	Savoring with bread
Madagascar	Malagasy	Romazava	Beef stew with leafy greens	Savoring with rice
Nigeria	Nigerian	Jollof Rice	Spiced rice dish with tomatoes	Savoring with fried chicken
Haiti	Haitian	Griot	Fried pork served with pikliz	Savoring with plantains
Mexico	Mexican	Chiles en Nogada	Poblano peppers stuffed with meat and nuts	Savoring with pomegranate seeds
Philippines	Filipino	Sinigang	Sour soup often with pork	Savoring with rice
Peru	Peruvian	Lomo Saltado	Stir-fried beef with fries and rice	Savoring with aji sauce
Algeria	Algerian	Couscous	Steamed semolina usually served with stew	Savoring with vegetables
Japan	Japanese	Tempura	Battered and fried vegetables and seafood	Savoring with dipping sauce
Colombia	Colombian	Bandeja Paisa	Platter with beans, rice, and grilled meat	Savoring with avocado
Ukraine	Ukrainian	Varenyky	Dumplings typically filled with potatoes or cheese	Savoring with sour cream