

Retreat Details							Website
Retreat Name	Location	Country	Type	Accommodation Type	Activities Offered	Price Range (per night)	
Redwood Retreat	Mendocino	USA	Forest	Cabin	Hiking, Yoga, Meditation	\$150-\$250	www.redwoodretreat.com
Whispering Pines	Banff	Canada	Mountain	Lodge	Climbing, Fishing, Skiing	\$200-\$300	www.whisperingpines.com
Tranquility Lodge	Himalayas	India	Mountain	Eco-Lodge	Trekking, Ayurveda, Yoga	\$100-\$200	www.tranquilitylodge.com
Serenity Springs	Virginia	USA	Countryside	B&B	Horseback Riding, Hiking	\$120-\$180	www.serenitysprings.com
Blissful Oasis	Maui	USA	Coastal	Resort	Snorkeling, Surfing, Yoga	\$300-\$500	www.blissfuloasis.com
Nature's Bounty	Costa Rica	Costa Rica	Rainforest	Eco-Lodge	Bird Watching, Yoga, Zip-lining	\$150-\$250	www.naturesbounty.com
Mountain View Retreat	Lake Tahoe	USA	Mountain	Chalet	Skiing, Hiking, Fishing	\$250-\$400	www.mountainviewretreat.com
Ocean's Edge Retreat	Byron Bay	Australia	Coastal	Villa	Surfing, Yoga, Meditation	\$200-\$350	www.oceansedgeretreat.com
Peaceful Hideaway	Black Forest	Germany	Forest	Cottage	Hiking, Spa, Cycling	\$120-\$220	www.peacefulhideaway.com
Zen Garden Retreat	Kyoto	Japan	Countryside	Ryokan	Meditation, Tea Ceremony, Hiking	\$150-\$300	www.zengardenretreat.com
Healing Waters Retreat	Lake District	UK	Countryside	Spa	Wellness, Hiking, Fishing	\$200-\$350	www.healingwatersretreat.com
Soulful Spaces	Sedona	USA	Desert	Lodge	Meditation, Hiking, Energy Work	\$200-\$400	www.soulfulspaces.com
Wildflower Inn	Vermont	USA	Countryside	Inn	Hiking, Cycling, Crafting	\$150-\$250	www.wildflowerinn.com
Garden of Dreams	Provence	France	Countryside	Chateau	Wine Tasting, Cooking, Hiking	\$250-\$400	www.gardendreams.com
Forest Haven	Whistler	Canada	Mountain	Cabin	Skiing, Hiking, Biking	\$150-\$300	www.foresthaven.com
Sunny Daze Retreat	Key West	USA	Coastal	Beach House	Snorkeling, Yoga, Fishing	\$300-\$500	www.sunnydazeretreat.com
Cliffside Oasis	Santorini	Greece	Coastal	Villa	Swimming, Wine Sampling, Hiking	\$300-\$600	www.cliffsideoasis.com
Mountain Sanctuary	Aspen	USA	Mountain	Chalet	Skiing, Hiking, Spa	\$250-\$500	www.mountainsanctuary.com
Serendipity Retreat	Nelson	New Zealand	Coastal	Cabin	Kayaking, Hiking, Yoga	\$180-\$280	www.serendipityretreat.com
Eco Bliss Retreat	Palawan	Philippines	Islands	Eco-Resort	Diving, Cooking, Wellness	\$100-\$200	www.ecoblissretreat.com
Highland Haven	Scottish Highlands	UK	Mountain	Lodge	Hiking, Whisky Tasting, Fishing	\$200-\$350	www.highlandhaven.com
Nature Escape	Tuscany	Italy	Countryside	Villa	Wine Tour, Hiking, Cooking	\$250-\$450	www.natureescape.com
Skyline Retreat	Rocky Mountains	USA	Mountain	Lodge	Skiing, Snowmobiling, Yoga	\$300-\$500	www.skyline-retreat.com
Garden Path Retreat	Cheshire	UK	Countryside	Cottage	Gardening, Meditation, Hiking	\$150-\$220	www.gardenpathretreat.com
Isle of Serenity	Martha's Vineyard	USA	Islands	B&B	Cycling, Beachcombing, Yoga	\$180-\$300	www.isleofserenity.com
Forest Lodge Retreat	Olympic Peninsula	USA	Forest	Cabin	Hiking, Bird Watching, Fishing	\$150-\$250	www.forestlodgeretreat.com
Wildwood					Surfing,	\$300-	

Retreat	Kauai	USA	Islands	Resort	Wellness, Hiking	\$500	www.wildwoodretreat.com
Vista Verde	Andes	Chile	Mountain	Eco-Lodge	Trekking, Spa, Wine Tasting	\$180-350	www.vistaverde.com
Eco Village Retreat	Puebla	Mexico	Countryside	Cabin	Cultural Tours, Organic Cooking	\$120-200	www.ecovillageretreat.com
Rhythm of Nature	Bali	Indonesia	Island	Villa	Spiritual Healing, Yoga, Surfing	\$200-400	www.rhythmofnature.com
Secluded Serenity	Finger Lakes	USA	Countryside	Cottage	Wine Tasting, Hiking, Cycling	\$150-250	www.secludedserenity.com
Sky Gardens	Atacama Desert	Chile	Desert	Eco-Lodge	Stargazing, Hiking, Cultural Tours	\$200-400	www.skygardens.com
Bamboo Village Retreat	Chiang Mai	Thailand	Rainforest	Eco-Resort	Yoga, Cooking Classes, Elephant Sanctuary	\$100-200	www.bamboovillageretreat.com
Spirit of the Hills	Appalachians	USA	Mountain	Lodge	Hiking, Arts and Crafts, Music	\$150-300	www.spiritofthehills.com
Desert Dreaming	Joshua Tree	USA	Desert	Cabin	Rock Climbing, Star Gazing, Hiking	\$150-250	www.desertdreaming.com
Nourish Wellness Retreat	Sedona	USA	Desert	Spa	Wellness, Painting, Meditation	\$200-350	www.nourishwellnessretreat.com
Oceanview Retreat	Napa Valley	USA	Countryside	Villa	Wine Tasting, Outdoor Activities	\$200-400	www.oceanviewretreat.com
Hidden Valley Retreat	Vermont	USA	Mountain	Cottage	Skiing, Snowshoeing, Hiking	\$150-270	www.hiddenvalleyretreat.com
Harvest Moon Retreat	Catskills	USA	Mountain	Farmhouse	Culinary Classes, Hiking	\$180-320	www.harvestmoonretreat.com
Mindful Mountain Retreat	Swiss Alps	Switzerland	Mountain	Chalet	Skiing, Wellness, Yoga	\$300-500	www.mindfulmountain.com
Wildwood Forest Retreat	Northern Ontario	Canada	Forest	Cabin	Fishing, Hiking, Wellness	\$150-250	www.wildwoodforestretreat.com
Tranquil Waters Lodge	Big Sur	USA	Coastal	Lodge	Kayaking, Hiking, Relaxation	\$300-500	www.tranquilwaterslodge.com
Pure Bliss Retreat	Noosa	Australia	Coastal	Bungalow	Surfing, Yoga, Modern Cuisine	\$200-400	www.pureblissretreat.com
Nurtured by Nature	Cambridge	UK	Countryside	B&B	Gardening, Crafting, Hiking	\$150-220	www.nurturedbynature.com
Sunrise Retreat	Costa Brava	Spain	Coastal	Eco-Resort	Snorkeling, Yoga, Hiking	\$200-350	www.sunriseretreat.com
Cascade Retreat	Olympic Mountains	USA	Mountain	Lodge	Hiking, Fishing, Bird Watching	\$180-300	www.cascade-retreat.com
Starlight Inn	Alaska	USA	Countryside	Inn	Wildlife Viewing, Fishing	\$150-250	www.starlightinn.com
Serene Hills Retreat	Andalusia	Spain	Countryside	Casa	Meditation, Flamenco Classes, Hiking	\$150-280	www.serenehills.com
Stony Creek Lodge	Catskills	USA	Mountain	Cabin	Hiking, River Activities, Arts	\$200-300	www.stonycreeklodge.com
Meadowbrook Retreat	Hudson Valley	USA	Countryside	Farmhouse	Culinary Offers, Hiking	\$170-290	www.meadowbrookretreat.com
Ocean Breeze Retreat	Cape Cod	USA	Coastal	Cottage	Cycling, Beach Activities	\$200-350	www.oceanbreezeretreat.com
Garden Retreat	Hokkaido	Japan	Countryside	Farmhouse	Skiing, Sumo Experience, Cooking	\$150-280	www.gardenretreat.jp

Forest Whisper Retreat	Bavaria	Germany	Forest	Cabin	Walking, Spa, Hiking	\$160-\$290	www.forestwhisper.com
Nature's Palette	Umbria	Italy	Countryside Villa		Wine Tasting, Cooking, Hiking	\$300-\$500	www.naturespalette.com
Island Oasis	Bora Bora	French Polynesia	Islands	Resort	Snorkeling, Spa, Relaxation	\$500-\$800	www.islandoasis.com
Azure Retreat	Czech Republic	Europe	Countryside Chalet		Wellness, Spa, Hiking	\$200-\$350	www.azureretreat.com
Wild Mountain Retreat	Great Smoky Mountains	USA	Forest	Cabin	Hiking, Fishing, Nature Walks	\$150-\$250	www.wildmountainretreat.com
Serenity Cottage	Finger Lakes	USA	Countryside Cottage		Kayaking, Wine Tasting, Hiking	\$120-\$220	www.serenitycottage.com
Forest View Lodge	Norway	Norway	Forest	Lodge	Hiking, Skiing, Canoeing	\$200-\$370	www.forestviewlodge.com
Ocean Surf Lodge	Gold Coast	Australia	Coastal	Cabin	Surfing, Yoga, Snorkeling	\$200-\$400	www.oceansurflodge.com
Northern Lights Retreat	Iceland	Iceland	Countryside Cabin		Geothermal Spa, Hiking, Star Gazing	\$250-\$450	www.northernlightsretreat.com
Venture Beyond	Finger Lakes	USA	Countryside Inn		Culinary Tours, Hiking	\$150-\$250	www.venturebeyond.com
Tranquil Glade	Sierra Nevada	USA	Mountain	Chalet	Mountain Biking, Hiking, Fishing	\$200-\$350	www.tranquilglade.com
Idyllic Island Retreat	Aegean Sea	Greece	Islands	Villa	Hiking, Swimming, Cultural Tours	\$300-\$600	www.idyllicislandretreat.com
Natural Wonders Lodge	Grand Canyon	USA	Desert	Lodge	Rafting, Hiking, Sightseeing	\$150-\$300	www.naturalwonderslodge.com
Peaceful Path Retreat	Dordogne	France	Countryside Chateau		Culinary Classes, Cycling	\$250-\$400	www.peacefulpathretreat.com
Sunset Shores Retreat	Maldives	Maldives	Islands	Resort	Diving, Relaxation, Yoga	\$500-\$900	www.sunsetshores.com
Azure Bay Retreat	Laguna Beach	USA	Coastal	Cabin	Surfing, Meditation, Free Diving	\$200-\$400	www.azurebayretreat.com
Mountain Escape	Swiss Alps	Switzerland	Mountain	Chalet	Skiing, Snowshoeing, Hiking	\$300-\$500	www.mountainescape.com
Riverside Lodge	Columbia River Gorge	USA	Countryside Cabin		Kayaking, Hiking, Fishing	\$150-\$250	www.riversidelodge.com
Serene Vista Retreat	Zermatt	Switzerland	Mountain	Chalet	Skiing, Spa, Hiking	\$250-\$450	www.serenevista.com
Forest Glade Inn	Oregon Coast	USA	Forest	B&B	Wildlife Watching, Hiking	\$150-\$200	www.forestgladeinn.com
Dreamland Retreat	Bali	Indonesia	Island	Eco-Villa	Yoga, Surfing, Spa	\$200-\$400	www.dreamlandretreat.com
Serenity Space	Drakensberg	South Africa	Mountains	Lodge	Hiking, Horse Riding, Spa	\$150-\$300	www.serenityspace.com
Garden of Tranquility	Bodrum	Turkey	Coastal	Villa	Meditation, Cooking, Beach Activities	\$300-\$600	www.gardenoftranquility.com
Tranquil River Retreat	Shenandoah Valley	USA	Countryside Cabin		Fishing, Hiking, Canoeing	\$150-\$220	www.tranquilriverretreat.com
Sunshine Meadows	Olympics	USA	Mountain	Cabin	Hiking, Mountain Biking, Spa	\$200-\$350	www.sunshinemeadows.com
Nature Restored Retreat	Tulum	Mexico	Islands	Eco-Resort	Yoga, Meditation, Beach Time	\$200-\$450	www.naturerestored.com
Old Oak Retreat	Napa Valley	USA	Countryside Chateau		Wine Tasting, Cycling	\$250-\$400	www.oldoakretreat.com

Crystal Waters Retreat	Lake Tahoe	USA	Mountain	Lodge	Sailing, Hiking, Relaxation	\$200-\$400	www.crystalwatersretreat.com
Zen Sanctuary	Lake Como	Italy	Countryside Villa		Yoga, Cooking, Wine Tasting	\$300-\$500	www.zensanctuary.com
Oasis in the Mountains	Alder Mountains	USA	Mountain	Chalet	Hiking, Rock Climbing, Wildlife	\$200-\$280	www.oasisinthemountains.com
Morning Breeze Retreat	Malta	Malta	Islands	Villa	Cultural Tours, Swimming, Yoga	\$250-\$450	www.morningbreezeretreat.com
Meadowland Retreat	West Virginia	USA	Mountain	Cabin	Hiking, Fishing, Stargazing	\$150-\$250	www.meadowlandretreat.com
Pacific Ocean Retreat	Vancouver Island	Canada	Islands	Lodge	Kayaking, Beach Walks, Spa	\$150-\$300	www.pacificoceanretreat.com
Clarity Retreat	Big Sur	USA	Coastal	Retreat Center	Yoga, Meditation, Hiking	\$300-\$500	www.clarityretreat.com
Harmony Hideaway	Santa Cruz	USA	Coastal	Cabin	Surfing, Yoga, Spa	\$200-\$350	www.harmonyhideaway.com
Whimsical Woods	Smoky Mountains	USA	Forest	Cabin	Hiking, Arts and Crafts	\$150-\$220	www.whimsicalwoods.com
Serenity Cove	Fjords	Norway	Coastal	Lodge	Fishing, Hiking, Kayaking	\$250-\$450	www.serenitycove.com
Sky Retreat	Azores	Portugal	Islands	Eco-Lodge	Whale Watching, Hiking, Relaxation	\$200-\$350	www.skyretreat.com
Delightful Dunes Retreat	Sahara	Africa	Desert	Camp	Camel Trekking, Cultural Experience	\$100-\$200	www.delightfuldunes.com
Mountain Refuge	Rocky Mountains	USA	Mountain	Cabin	Skiing, Wildlife Watching, Hiking	\$200-\$400	www.mountainrefuge.com
Golden Sands Retreat	California Coast	USA	Coastal	Villa	Wine Tours, Beach Activities, Yoga	\$250-\$500	www.goldensandsretreat.com
Earthly Connection	Shizuoka	Japan	Countryside Farmhouse		Tea Ceremony, Hiking, Spa	\$120-\$220	www.earthlyconnection.com
Green Valley Retreat	Wales	UK	Countryside Cottage		Hiking, Art Workshops, Spa	\$120-\$200	www.greenvalleyretreat.com
Tranquil Tides	Shell Beach	USA	Coastal	Resort	Swimming, Spa, Kayaking	\$250-\$450	www.tranquiltides.com
Blissful Pines Retreat	Bar Harbor	USA	Forest	Cabin	Hiking, Kayaking, Wildlife Watching	\$180-\$300	www.blissfulpines.com
Secluded Shores	Prince Edward Island	Canada	Islands	Cottage	Fishing, Cycling, Beachcombing	\$150-\$250	www.secludedshores.com
Forest Edge Retreat	Saskatchewan	Canada	Forest	Lodge	Fishing, Snowshoeing, Hiking	\$150-\$200	www.forestedgeretreat.com
Overlook Lodge	Montana	USA	Mountain	Lodge	Hiking, Scenic Rides, Fishing	\$200-\$350	www.overlooklodge.com
Ocean Grove Sanctuary	Florida	USA	Coastal	Bungalow	Swimming, Surfing, Fishing	\$200-\$350	www.oceangrovesanctuary.com
Secret Garden Retreat	Sri Lanka	Sri Lanka	Islands	Eco-Lodge	Surfing, Yoga, Cultural Tours	\$150-\$300	www.secretgardenretreat.com
Whispers of Nature	Galilee	Israel	Countryside Lodge		Hiking, Cultural Experiences	\$180-\$280	www.whispersofnature.com
Island Paradise Retreat	Caribbean	Caribbean	Islands	Resort	Snorkeling, Relaxation, Yoga	\$400-\$700	www.islandparadiseretreat.com
Mountain					Fishing, Wilderness	\$150-	

Mist Retreat	Alaska	USA	Mountain	Cabin	Tours, Hiking	\$250	www.mountainmistretreat.com
Tranquil Pleasures	Wellington	New Zealand	Countryside Lodge		Wine Tasting, Hiking, Cycling	\$180-\$320	www.tranquilpleasures.com
Echo Valley Retreat	British Columbia	Canada	Mountain	Chalet	Hiking, Cycling, Boat Tours	\$180-\$350	www.echovalleyretreat.com
Blissful Harbor	Santorini	Greece	Islands	Villa	Dining, Swimming, Sunset Views	\$400-\$800	www.blissfulharbor.com
Nature's Breath Retreat	Bavarian Alps	Germany	Mountain	Chalet	Hiking, Cycling, Spa	\$250-\$450	www.naturesbreath.com