| Hike Name                               | Location                                      | Distance<br>(miles) |               | Elevation<br>Gain (ft) |                                 |                         | Heatures                     |
|---|---|---------------------|---------------|------------------------|---------------------------------|-------------------------|------------------------------|
| Lake Agnes Trail                        | Banff National Park,<br>Canada                | 2.4                 | Easy          | 1,020                  | 0 1                             |                         | Lake,<br>Viewpoint           |
| Rattlesnake Ledge                       | North Bend, WA                                | 3.0                 | Easy          | 1,150                  | Out and Back                    | Year-<br>round          | Viewpoint,<br>Forest         |
| Alum Cave Trail                         | Great Smoky<br>Mountains, TN                  | 5.0                 | Moderate      | 1,125                  | Out and<br>Back                 |                         | Cave, Views                  |
| Emerald Lake Trail                      | Rocky Mountain<br>National Park, CO           | 1.8                 | Easy          | 300                    | Loop                            | Summer                  | Lake, Views                  |
| Crater Lake Rim Drive                   | Crater Lake National<br>Park, OR              | 33.0                | Easy          | 1,200                  | Loop                            | Summer                  | Scenic<br>Drive, Lake        |
| Bear Lake Trail                         | Rocky Mountain<br>National Park, CO           | 0.6                 | Easy          | 50                     | Loop                            | Summer                  | Lake, Scenic                 |
| Savannah Riverwalk                      | Augusta, GA                                   | 2.0                 | Easy          | 0                      | Walking<br>Path                 | round                   | Urban,<br>River Views        |
| Mount Si Trail                          | North Bend, WA                                | 8.0                 | Hard          | 3,500                  | Out and<br>Back                 | Spring-<br>Fall         | Peak, Views                  |
| Skyline Trail                           | Mount Rainier National<br>Park, WA            | 5.5                 | Moderate      | 1,200                  | Loop                            | Summer                  | Flowers,<br>Views            |
| Whittier Glacier Trail                  | Whittier, AK                                  | 3.0                 | Easy          | 200                    | Out and<br>Back                 | Summer                  | Glacier,<br>Wildflowers      |
| Fern Canyon                             | Prairie Creek Redwoods<br>State Park, CA      | 1.0                 | Easy          | 50                     | Loop                            | Fall                    | Redwoods,<br>Stream          |
| Chautauqua Trail                        | Boulder, CO                                   | 1.5                 | Easy          | 350                    | Loop                            | Year-<br>round          | Views,<br>Meadow             |
| Pine Mountain Trail                     | FDR State Park, GA                            | 23.0                | Easy/Moderate | 1,500                  | Loop                            | Year-<br>round          | Scenic<br>Views              |
| Nantahala River Trail                   | Nantahala National<br>Forest, NC              | 4.0                 | Easy          | 200                    | Out and<br>Back                 | Year-<br>round          | River,<br>Forest             |
| South Rim Trail                         | Big Bend National Park, TX                    | 12.0                | Moderate      | 1,400                  | Loop                            | Year-<br>round          | Canyons,<br>Views            |
| Coastal Trail                           | Point Reyes National<br>Seashore, CA          | 6.0                 | Easy          | 650                    | Loop                            | Year-<br>round          | Ocean,<br>Wildlife           |
| Johnson Shut-Ins State<br>Park          | Middle Brook, MO                              | 1.5                 | Easy          | 100                    | Loop                            | Summer                  | Waterfalls,<br>Swimming      |
| Des Plaines River Trail                 | Illinois                                      | 55.0                | Easy          | 200                    | Multi-<br>Use<br>Path<br>Multi- | Year-<br>round          | Scenic,<br>River Views       |
| Cardinal Greenway                       | Indiana                                       | 62.0                | Easy          | 0                      | Use<br>Path                     | Year-<br>round          | Scenic,<br>Historical        |
| Forest of Nisene Marks                  | Santa Cruz, CA                                | 8.0                 | Moderate      | 1,300                  | Loop                            | Year-<br>round          | Redwoods,<br>Creek           |
| Zaun Falls Trail                        | North Carolina                                | 2.0                 | Easy          | 250                    | Out and<br>Back                 | Spring-<br>Fall         | Waterfall,<br>Scenic         |
| Lake Loop                               | Douthat State Park, VA                        | 3.0                 | Easy          | 100                    | Loop                            | Year-<br>round          | Lake,<br>Wildlife            |
| Whistler River Walk                     | Whistler, BC                                  | 3.0                 | Easy          | 0                      | Walking<br>Path                 | Year-<br>round          | River,<br>Mountain<br>Views  |
| Crescent Beach<br>Promenade             | Surrey, BC                                    | 2.5                 | Easy          | 0                      | Walking<br>Path                 | Year-<br>round          | Beach,<br>Ocean<br>Views     |
| Kirkjufell Mountain                     | Iceland                                       | 2.0                 | Easy          | 150                    | Loop                            | Summer                  | Mountain,<br>Landmarks       |
| Delicate Arch Trail                     | Arches National Park,<br>UT                   | 3.0                 | Moderate      | 480                    | Out and<br>Back                 | Fall                    | Arch,<br>Viewpoint           |
| Blue Ridge Parkway                      | North Carolina/Virginia                       | 469.1               | Easy          | 0                      | Scenic<br>Drive                 | Year-<br>round          | Scenic,<br>Historical        |
| Huckleberry Mountain<br>Trail           | Washington State                              | 2.0                 | Easy          | 350                    | Out and<br>Back                 | Summer                  | Wildflowers,<br>Views        |
| Osprey Point Trail                      | Georgia                                       | 1.5                 | Easy          | 200                    | Loop                            | Year-<br>round          | Viewpoint,<br>Wildlife       |
| Garden of the Gods<br>Trading Post Loop | Colorado Springs, CO<br>Acadia National Park, | 1.0                 | Easy          | 50                     | Loop                            | Year-<br>round<br>Year- | Rock<br>Formations<br>Views, |
|   |   |                     |               |                        |                                 |                         |                              |

| Park Loop Road                  | ME                                    | 27.0  | Easy          | 300   | Loop                  | round           | Ocean                           |
|---------------------------------|---------------------------------------|-------|---------------|-------|-----------------------|-----------------|---------------------------------|
| Shenandoah National<br>Park     | Virginia                              | 105.0 | Easy          | 0     | Multi-<br>Use<br>Path | Year-<br>round  | Scenic,<br>Wildlife             |
| Sierra Vista Scenic<br>Byway    | Arizona                               | 20.0  | Easy          | 0     | Scenic<br>Drive       | Year-<br>round  | Scenic,<br>Desert<br>Views      |
| Angel Island Loop Trail         | California                            | 5.0   | Easy          | 400   | Loop                  | Year-<br>round  | Island,<br>Views                |
| Riverside Park Trail            | New York City, NY                     | 3.0   | Easy          | 0     | Walking<br>Path       | Year-<br>round  | Urban,<br>Hudson<br>River       |
| Jasper National Park<br>Trails  | Alberta, Canada                       | 100.0 | Easy/Moderate | e 0   | Multi-<br>Use         | Year-<br>round  | Scenic,<br>Lakes                |
| Bald Eagle State Park           | Pennsylvania                          | 1.0   | Easy          | 0     | Loop                  | Year-<br>round  | Lake,<br>Wildlife               |
| Sand Dunes Trail                | Great Sand Dunes<br>National Park, CO | 1.5   | Easy          | 100   | Out and<br>Back       | Year-<br>round  | Sand Dunes,<br>Views            |
| Toyota Park Trails              | Bridgeview, IL                        | 2.5   | Easy          | 0     | Loop                  | Year-<br>round  | Urban,<br>Sports<br>Complex     |
| Fairmount Park Trail            | Philadelphia, PA                      | 6.0   | Easy          | 200   | Loop                  | Year-<br>round  | Urban,<br>Scenic                |
| Indian Cave State Park          | Nebraska                              | 5.0   | Easy          | 0     | Loop                  | Year-<br>round  | Caves,<br>Wildlife              |
| Woodland Park Trail             | Seattle, WA                           | 2.0   | Easy          | 100   | Loop                  | Year-<br>round  | Park,<br>Wildlife               |
| Buffalo Bayou Park              | Houston, TX                           | 4.0   | Easy          | 0     | Walking<br>Path       | Year-<br>round  | Urban,<br>River Views           |
| Crystal Springs Trail           | Calaveras Big Trees, CA               | 2.0   | Easy          | 100   | Loop                  | Year-<br>round  | Redwoods,<br>Scenic             |
| Carolina Beach State<br>Park    | North Carolina                        | 2.5   | Easy          | 50    | Loop                  | Spring-<br>Fall | Beach,<br>Wildlife              |
| Little River Trail              | Tennessee                             | 3.0   | Easy          | 200   | Out and<br>Back       | Year-<br>round  | River,<br>Forest                |
| Ashland Trails                  | Ashland, OR                           | 10.0  | Easy/Moderate | e 500 | Multi-<br>Use         | Year-<br>round  | Scenic,<br>Views                |
| Pioneer Trail                   | Lake Tahoe, CA                        | 5.0   | Easy          | 300   | Loop                  | Year-<br>round  | Lake, Forest                    |
| Hidden Valley Trail             | Joshua Tree National<br>Park, CA      | 1.0   | Easy          | 150   | Loop                  | Year-<br>round  | Rock<br>Formations,<br>Wildlife |
| Mount Copper Trail              | New York                              | 2.5   | Easy          | 300   | Out and<br>Back       | Year-<br>round  | Views,<br>Forest                |
| Gardiner River Trail            | Yellowstone National<br>Park, WY      | 2.0   | Easy          | 100   | Out and<br>Back       | Year-<br>round  | River,<br>Wildlife              |
| Heritage Trail                  | Wisconsin                             | 20.0  | Easy          | 0     | Multi-<br>Use<br>Path | Year-<br>round  | Scenic,<br>Historical           |
| Pine Barrens Trail              | New Jersey                            | 4.0   | Easy          | 150   | Loop                  | Year-<br>round  | Forest,<br>Wildlife             |
| Bayou St. John Trail            | New Orleans, LA                       | 3.0   | Easy          | 0     | Walking<br>Path       | Year-<br>round  | Urban,<br>Waterway              |
| Mount Rogers Trail              | Virginia                              | 0.5   | Easy          | 100   | Out and<br>Back       |                 | Views,<br>Wildlife              |
| Wildwood Trail                  | Portland, OR                          | 30.0  | Easy          | 0     | Multi-<br>Use         | Year-<br>round  | Forest,<br>Scenic               |
| Los Padres National<br>Forest   | California                            | 50.0  | Moderate      | 1,000 | Multi-<br>Use         | Year-<br>round  | Scenic,<br>Forest               |
| Shasta Lake Trail               | California                            | 4.0   | Easy          | 600   | Out and<br>Back       | Summer          | Lake, Views                     |
| Governor's Island Park          | New York City, NY                     | 0.5   | Easy          | 0     | Loop                  | Year-<br>round  | Urban,<br>Views                 |
| Palos Verdes Peninsula<br>Trail | California                            | 9.0   | Easy          | 200   | Loop                  | Year-<br>round  | Ocean,<br>Scenic                |
| Charlottesville Trails          | Virginia                              | 15.0  | Easy          | 250   | Multi-<br>Use         | Year-<br>round  | Scenic,<br>Urban                |

| Redwood Creek Trail           | California             | 3.0   | Easy          | 150   | Out and<br>Back | Year-<br>round  | Redwoods,<br>Scenic     |
|-------------------------------|------------------------|-------|---------------|-------|-----------------|-----------------|-------------------------|
| Mount McKinley Forest<br>Road | Alaska                 | 50.0  | Easy          | 500   | Scenic<br>Drive | Summer          | Scenic,<br>Wildlife     |
| Adirondack Park Trails        | New York               | 200.0 | Easy/Moderate | 1,000 | Multiple        | Year-<br>round  | Lake, Scenic            |
| Navigable Water Trail         | Florida                | 1.5   | Easy          | 0     | Water<br>Trail  | Year-<br>round  | Waterway,<br>Wildlife   |
| Bradbury Mountain<br>Trail    | Maine                  | 3.0   | Easy          | 200   | Loop            | Year-<br>round  | Forest,<br>Views        |
| Checaneake and Ohio           | Maryland               | 184.5 | Easy          | 0     | Multi-<br>Use   | Year-<br>round  | Scenic,<br>Historical   |
|                               | California             | 3.0   | Easy          | 100   | Out and<br>Back |                 | Ocean,<br>Wildlife      |
| Mulholland Drive              | California             | 13.5  | Easy          | 0     | Scenic<br>Drive | Year-<br>round  | Scenic, City<br>Views   |
| Emigrant Wilderness           | California             | 40.0  | Easy/Moderate | 2,000 | Multi-          | Summer          | Scenic,<br>Lakes        |
|                               | Glacier National Park, | 2.0   | Easy          | 200   | Use<br>Loop     | Summer          | Lake, Views             |
| Trail Smith Rock State Park   | MT<br>Oregon           | 5.0   | Easy/Moderate |       | Loop            | Year-           | Rocks,                  |
| Montauk Point State           | J.                     |       |               |       | _               | round<br>Year-  | Views<br>Beach,         |
| Park                          | New York               | 3.0   | Easy          | 150   | Loop            | round           | Views                   |
| Bay Circuit Trail             | Massachusetts          | 200.0 | Easy          | 0     | Multi-<br>Use   | Year-<br>round  | Scenic,<br>Urban        |
| Great Valley Trail            | California             | 12.0  | Easy          | 0     | Loop            | Year-<br>round  | Scenic,<br>Wildlife     |
| Coal Creek Trail              | Washington             | 4.0   | Easy          | 200   | Out and<br>Back | Year-<br>round  | Creek,<br>Forest        |
| Montpelier Trails             | Virginia               | 5.0   | Easy          | 0     | Multi-<br>Use   | Year-<br>round  | Cultural,<br>Historical |
| Lake Serene Trail             | Washington             | 8.0   | Moderate      | 1,000 | Out and<br>Back | Summer          | Lake, Views             |
| Schell Creek Range<br>Trails  | Nevada                 | 20.0  | Easy/Moderate |       | Multi-<br>Use   | Year-<br>round  | Scenic,<br>Wildlife     |
| Bald Mountain Trail           | Minnesota              | 4.0   | Moderate      | 250   | Out and<br>Back | Summer          | Views,<br>Scenic        |
| Bar Harbor Shore Path         | Maine                  | 1.0   | Easy          | 0     | Out and<br>Back | Year-<br>round  | Ocean,<br>Urban         |
| Hagerman Pass Trail           | Colorado               | 6.0   | Moderate      | 1,200 | Out and<br>Back | Summer          | Scenic,<br>Mountain     |
| Bourns Pond Trail             | Massachusetts          | 1.5   | Easy          | 0     | Loop            | Year-<br>round  | Lake,<br>Wildlife       |
| Cascade Falls Trail           | Virginia               | 3.0   | Easy          | 200   | Out and<br>Back | Year-<br>round  | Waterfall,<br>Scenic    |
| Whiteside Mountain<br>Trail   | North Carolina         | 2.0   | Moderate      | 700   | Out and<br>Back | Summer          | Views,<br>Scenic        |
| Spanish Steps Hike            | Italy                  | 0.5   | Easy          | 100   | Out and<br>Back | Spring-<br>Fall | Scenic,<br>Urban        |
| Shady Lake Loop               | North Carolina         | 1.0   | Easy          | 0     | Loop            | Year-<br>round  | Lake,<br>Wildlife       |
| Lake Minnewanka Loop          | Alberta, Canada        | 5.0   | Easy          | 200   | Loop            | Summer          | Lake,<br>Mountain       |
| Advocate Trail                | Maine                  | 2.0   | Easy          | 50    | Out and<br>Back | Year-<br>round  | Forest,<br>Views        |
| Monarch Pass Trail            | Colorado               | 6.0   | Easy/Moderate | 400   | Out and<br>Back | Summer          | Scenic,<br>Mountain     |
| Clearwater Trail              | Idaho                  | 3.0   | Easy          | 100   | Loop            | Year-<br>round  | River,<br>Wildlife      |
| Acadia Circle Trail           | Maine                  | 5.0   | Easy          | 500   | Loop            | Summer          | Ocean,<br>Views         |
| Rock Creek Park Trails        | Washington, D.C.       | 30.0  | Easy          | 200   | Multi-<br>Use   | Year-<br>round  | Urban,<br>Nature        |
| Lake Lily Park                | Florida                | 1.0   | Easy          | 0     | Loop            | Year-<br>round  | Park, Water             |
| Kemptner See Trail            | Germany                | 5.0   | Easy          | 100   | Loop            | Year-           | Mountain,               |

|                             |                 |      |               |       |                       | round          | Scenic                |
|-----------------------------|-----------------|------|---------------|-------|-----------------------|----------------|-----------------------|
| Bear Mountain Trail         | California      | 2.0  | Easy          | 300   | Out and               |                | Forest,               |
|                             |                 |      | ,             |       | Back                  | round          | Views                 |
| Buttermilk Falls Trail      | New York        | 1.0  | Easy          | 0     | Loop                  | Year-<br>round | Waterfall,<br>Scenic  |
| Albion Basin Trail          | Utah            | 2.0  | Easy          | 300   | Out and<br>Back       | Summer         | TA7:1-141             |
| Waterville Valley Trails    | s New Hampshire | 20.0 | Easy/Moderate | e 500 | Multi-<br>Use         | Year-<br>round | Forest,<br>Scenic     |
| Seneca Lake Trail           | New York        | 6.0  | Easy          | 200   | Out and<br>Back       | Year-<br>round | Lake, Scenic          |
| Boxley Valley Trail         | Arkansas        | 2.0  | Easy          | 100   | Loop                  | Year-<br>round | Scenic,<br>Wildlife   |
| Baxter State Park<br>Trails | Maine           | 10.0 | Moderate      | 1,000 | Multiple              | Year-<br>round | Lakes,<br>Mountains   |
| Wabash River Trail          | Indiana         | 8.0  | Easy          | 200   | Multi-<br>Use<br>Path | Year-<br>round | River,<br>Scenic      |
| Fruit Loop Trail            | Oregon          | 9.0  | Easy          | 100   | Loop                  | Year-<br>round | Fruit Farms,<br>Views |
| Grand Forks Greenway        | North Dakota    | 10.0 | Easy          | 0     | Multi-<br>Use<br>Path | Year-<br>round | River,<br>Urban       |
| Otter Slide Trail           | Maine           | 3.0  | Easy          | 150   | Looxp                 | Year-<br>round | Forest,<br>Scenic     |