

Journey ID	Cuisine	Flavor Profile	Key Ingredients	Region	Description
1	Italian	Savory	Tomato, Basil, Olive Oil	Italy	A hearty journey through traditional pasta dishes.
2	Indian	Spicy	Cumin, Coriander, Chili	India	An exploration of rich curries and aromatic spices.
3	Mexican	Zesty	Lime, Cilantro, Jalapeno	Mexico	A vibrant series of tacos and enchiladas.
4	Japanese	Umami	Soy Sauce, Miso, Seaweed	Japan	Diving into sushi and ramen vibrance.
5	Thai	Sweet and Spicy	Coconut Milk, Lemongrass, Fish Sauce	Thailand	A balance of flavors in curries and stir-fries.
6	French	Rich	Butter, Garlic, Herbs de Provence	France	Indulging in classic French dishes like coq au vin.
7	Mediterranean	Fresh	Feta, Olive Oil, Oregano	Greece	A journey of salads and grilled meats.
8	Chinese	Savory and Sweet	Ginger, Soy Sauce, Rice	China	Exploring dim sum and Peking duck.
9	Middle Eastern	Spiced	Cumin, Cardamom, Tahini	Middle East	Savoring shawarma and falafel delights.
10	Brazilian	Tropical	Coconut, Mango, Black Beans	Brazil	A colorful exploration of feijoada and caipirinhas.
11	Korean	Spicy and Savory	Gochujang, Sesame, Garlic	South Korea	Delving into kimchi and bulgogi.
12	Spanish	Smoky	Paprika, Saffron, Chorizo	Spain	A flavorful journey through paella and tapas.
13	Vietnamese	Herbaceous	Mint, Basil, Fish Sauce	Vietnam	Exploring pho and banh mi perfection.
14	American	Comforting	Beef, Cheese, Barbecue Sauce	USA	A dive into hearty burgers and BBQ ribs.
15	Caribbean	Fruity	Pineapple, Jerk Spice, Coconut	Caribbean	Tasting the vibrant flavors of jerk chicken.
16	Turkish	Savory	Lamb, Yogurt, Eggplant	Turkey	Savoring kebabs and mezes.
17	Russian	Hearty	Beetroot, Cabbage, Meat	Russia	Exploring borscht and pelmeni.
18	South African	Spicy and Savory	Biltong, Pap, Peri-Peri Sauce	South Africa	A culinary adventure of braai and bunny chow.
19	Filipino	Sour and Savory	Tamarind, Rice, Soy Sauce	Philippines	Savoring adobo and sinigang.
20	Peruvian	Citrusy	Ceviche, Corn, Potatoes	Peru	A fresh taste of traditional ceviche.
21	Sushi	Umami	Rice, Fish, Seaweed	Japan	Enjoying the artistry of sushi rolls and sashimi.
22	Cajun	Spicy	Andouille Sausage, Okra, Rice	USA	A journey through jambalaya and gumbo flavors.
23	Belgian	Rich	Chocolate, Beer, Waffles	Belgium	Indulging in rich chocolates and fluffy waffles.
24	Scottish	Hearty	Oats, Haggis, Salmon	Scotland	Exploring the depth of traditional Scottish fare.
25	Taiwanese	Umami	Pork, Soy Sauce, Boba	Taiwan	Diving into night market delights like stinky tofu.
26	Colombian	Savory	Plantains, Coffee, Aji	Colombia	Tasting the variety of arepas and bandeja paisa.
27	Swedish	Comforting	Meatballs, Lingonberries, Potatoes	Sweden	Enjoying the classic flavors of Swedish meatballs.
28	Hawaiian	Tropical	Pork, Pineapple, Soy Sauce	Hawaii	Savoring the blend of aloha spirit in loco moco.
29	Egyptian	Spiced	Lentils, Rice, Garlic	Egypt	Exploring koshari and ful medames.
30	Southeast Asian	Spicy and Sour	Galangal, Tamarind, Lemongrass	Southeast Asia	Sampling the flavors of various street foods.
31	Iranian	Fragrant	Saffron, Pistachios, Dried Fruits	Iran	A vibrant journey through Persian rice dishes.
32	Basque	Unique	Cod, Peppers, Olive Oil	Basque Country	Discovering the diverse flavors of traditional Basque cooking.
33	Indonesian	Spicy	Chili, Coconut, Tofu	Indonesia	Exploring satay and rendang.
34	Nepalese	Earthy	Rice, Lentils, Spices	Nepal	A journey through dal bhat and momo.
35	New Zealand	Fresh	Lamb, Seafood, Kiwi	New Zealand	Savoring the flavors of lamb and fresh seafood.

36	Irish	Hearty	Potatoes, Cabbage, Beef	Ireland	Exploring the comfort of Irish stew and soda bread.
37	Jamaican	Spicy and Sweet	Scotch Bonnet, Mango, Allspice	Jamaica	Tasting the robust flavors of jerk spice.
38	Algerian	Rich	Couscous, Spices, Lamb	Algeria	A journey through tagine and flatbreads.
39	Mongolian	Savory	Mutton, Milk, Flour	Mongolia	Indulging in savory dumplings and grilled meats.
40	Malagasy	Tropical	Vanilla, Rice, Pork	Madagascar	Exploring traditional dishes with diverse flavors.
41	Scottish	Smoky	Whiskey, Haggis, Salmon	Scotland	Diving into the depths of whisky and smoked salmon.
42	Tunisian	Spicy	Chili, Cumin, Seafood	Tunisia	Sampling the spicy and fragrant dishes of Tunisia.
43	Austrian	Rich	Pork, Sauerkraut, Noodles	Austria	Enjoying hearty meals like schnitzel and strudel.
44	Georgian	Flavorful	Herbs, Cheese, Bread	Georgia	Delving into khachapuri and khinkali.
45	Czech	Hearty	Pork, Sauerkraut, Dumplings	Czech Republic	Savoring the traditional dishes of Czech cuisine.
46	Latvian	Nutty	Barley, Fish, Sour Cream	Latvia	Exploring the flavors of rye bread and pickled herring.
47	Lithuanian	Savory and Sweet	Potatoes, Rye, Grains	Lithuania	Savoring zeppelins and kvass.
48	Puerto Rican	Savory and Sweet	Plantains, Pork, Rice	Puerto Rico	Discovering the vibrant flavors of mofongo.
49	Catalan	Rich	Seafood, Olive Oil, Garlic	Catalonia	Exploring the traditional dishes of this vibrant region.
50	Barbadian	Spicy and Sweet	Fish, Rum, Rice	Barbados	Tasting the flavors of flying fish and cou-cou.
51	Flemish	Rich	Beef, Beer, Fries	Belgium	Discovering the hearty flavors of Flemish stew and fries.
52	Bernese	Hearty	Cheese, Potatoes, Sausage	Switzerland	Indulging in fondue and raclette delights.
53	Samoa	Tropical	Coconut, Fish, Taro	Samoa	Exploring the fresh and tropical flavors of island cuisine.
54	Nigerian	Rich and Spicy	Yam, Beans, Chili	Nigeria	Delving into the flavors of jollof rice and pounded yam.
55	Zimbabwean	Savory	Sadza, Mealie Meal, Greens	Zimbabwe	Exploring the rich food culture of Zimbabwe.
56	Slovak	Hearty	Potatoes, Cabbage, Meat	Slovakia	Savoring traditional dishes like bryndzovÃ© haluÅky.
57	Macedonian	Savory	TavÅe GravÅe, Ajvar, Cheese	North Macedonia	Exploring the distinct flavors of Macedonian cuisine.
58	Israeli	Fresh and Colorful	Hummus, Salads, Pita	Israel	Indulging in the diverse Israeli food traditions.
59	Cypriot	Mediterranean	Halloumi, Olives, Lamb	Cyprus	Discovering the flavors of meze and grilled meats.
60	Taiwanese	Savory	Beef Noodle Soup, Oyster Omelette	Taiwan	Indulging in popular Taiwanese street foods.
61	Chilean	Diverse	Beef, Fish, Potatoes	Chile	Exploring the rich culinary landscape and seafood delights.
62	Icelandic	Fresh	Lamb, Seafood, Skyr	Iceland	Tasting fresh lamb and unique Icelandic dairy.
63	Dominican	Savory	Chicken, Rice, Plantains	Dominican Republic	Exploring traditional dishes like sancocho.
64	Serbian	Hearty	Meat, Bread, Cabbage	Serbia	Indulging in cevapi and sarma.
65	Omani	Spiced	Rice, Saffron, Lamb	Oman	Savoring the traditional flavors of Omani cuisine.
66	Ukrainian	Hearty	Beets, Potatoes, Cabbage	Ukraine	Exploring borscht and varenyky.
67	Lebanese	Fresh and Spiced	Pine Nuts, Lamb, Hummus	Lebanon	Tasting the fresh and vibrant flavors of mezze.
68	Finnish	Rich and Fresh	Fish, Potatoes, Rye	Finland	Exploring the natural and hearty Finnish cuisine.
69	Bosnian	Savory	Sarma, Cevapi, Potatoes	Bosnia and Herzegovina	Delving into traditional Bosnian meals.
					Savoring the rich flavors of Maltese

70	Maltese	Mediterranean Rabbit, Fish, Tomatoes		Malta	dishes.
71	Kuwaiti	Spicy	Rice, Fish, Spices	Kuwait	Exploring the unique flavors of cuisine in the Middle East.
72	Kyrgyz	Hearty	Meat, Bread, Dairy	Kyrgyzstan	Diving into the traditional dishes of nomadic culture.
73	Lithuanian	Rich and Hearty	Beetroot, Potatoes, Rye	Lithuania	Savoring classic dishes like cepelinai.
74	Estonian	Herbaceous	Fish, Potatoes, Rye	Estonia	Exploring native Estonian recipes and traditions.
75	Armenian	Spiced	Lamb, Rice, Pomegranate	Armenia	Delighting in khorovats and pilaf.
76	Scottish	Comforting	Oats, Haggis, Seafood	Scotland	Exploring traditional dishes such as haggis in depth.
77	Tanzanian	Spicy and Fresh	Fish, Bananas, Spices	Tanzania	Savory cultural dishes showing a blend of flavors.
78	Venezuelan	Savory and Sweet	Arepas, Cheese, Avocado	Venezuela	Savoring the sweet and savory flavors of arepas.
79	Cuban	Spicy and Sweet	Pork, Rice, Beans	Cuba	Delving into Ropa Vieja and Moros y Cristianos.
80	Maltese	Rich	Rabbit, Fish, Capers	Malta	Experiencing the Mediterranean flavors of rabbit stew.
81	Guatemalan	Savory	Corn, Beans, Chili	Guatemala	Tasting traditional tamales and pepian.
82	Bahamian	Tropical	Fish, Rice, Spices	Bahamas	Exploring conch fritters and crab dishes.
83	Bangladeshi	Savory and Spicy	Rice, Fish, Spices	Bangladesh	Indulging in the rich and spicy meals of Bangladesh.
84	Botswanan	Savory	Meat, Pap, Vegetables	Botswana	Exploring traditional dishes like seswaa.
85	Vietnamese	Fresh and Vibrant	Herbs, Fish Sauce, Noodles	Vietnam	Indulging in the complex flavors of pho.
86	Papua New Guinean	Rustic	Sweet Potatoes, Fish, Pig	Papua New Guinea	Savoring unique dishes like mumu.
87	South Korean	Spicy and Savory	Kimchi, Rice, Meat	South Korea	Exploring the cultural fusion in Korean barbecue.
88	Bruneian	Fresh and Fruity	Coconut, Fish, Rice	Brunei	Tasting the unique flavors of Malay cuisine.
89	Burmese	Savory and Nutty	Rice, Fish, Peanuts	Myanmar	Indulging in mohinga and tea leaf salad.
90	Maldivian	Rich and Coconutty	Fish, Coconut, Rice	Maldives	Exploring the flavors of traditional Maldivian cooking.
91	Fijian	Tropical and Savory	Fish, Taro, Coconut	Fiji	Savoring the vibrant flavors of kokoda and taro.
92	Somali	Spicy	Rice, Lamb, Spices	Somalia	Delving into the unique flavors of Somali cuisine.
93	Cameroonian	Rich and Spicy	Fish, Meat, Vegetables	Cameroon	Exploring traditional dishes like ndolé.
94	Comorian	Tropical and Spicy	Coconut, Cloves, Ylang-Ylang	Comoros	Savoring the exotic flavors of Comorian cuisine.
95	Zambian	Hearty	Meat, Vegetables, Corn	Zambia	Discovering the rich and diverse culinary landscape.
96	Javanese	Spicy and Rich	Rice, Chicken, Spices	Indonesia	Savoring the complex flavors of Javanese dishes.
97	Senegalese	Savory and Spicy	Fish, Rice, Vegetables	Senegal	Tasting the vibrant flavors of Senegalese cuisine.
98	Thai	Fresh and Zesty	Shrimp, Lime, Basil	Thailand	Indulging in the fresh and vibrant cuisine of Thailand.
99	Ugandan	Hearty	Matoke, Beans, Groundnuts	Uganda	Exploring traditional Ugandan dishes and flavors.
100	Vietnamese	Herbaceous and Spicy	Basil, Chillies, Fish Sauce	Vietnam	A vibrant mix of herbs and spices in Vietnamese cooking.
101	Egyptian	Rich and Flavorful	Chickpeas, Lentils, Garlic	Egypt	Exploring koshari and falafel filled delights.
102	Armenian	Savory	Eggplant, Walnuts, Beef	Armenia	Delve into traditional dishes like dolma.
103	Kazakh	Hearty	Lamb, Horse Meat,	Kazakhstan	Discover the strong flavors of

			Dairy		traditional nomadic food.
104	Norwegian	Fresh and Savory	Fish, Potatoes, Berries	Norway	Savoring fresh trout and seasonal berries.
105	Macedonian	Savory and Fresh	Tomato, Peppers, Lamb	North Macedonia	Delving into traditional Macedonian dishes and flavors.
106	Sudanese	Spicy	Lentils, Chicken, Spices	Sudan	Exploring the rich flavors and diverse culinary culture.
107	Afghan	Rich	Rice, Lamb, Yogurt	Afghanistan	Savoring kabuli pulao and mantu.
108	Albanian	Hearty	Meat, Bread, Cheese	Albania	Discovering rich and rustic Albanian flavors.
109	Yemeni	Spiced	Lamb, Spices, Rice	Yemen	Exploring the rich and aromatic Yemeni cuisine.
110	Hungarian	Rich and Spicy	Paprika, Meat, Potatoes	Hungary	Delving into goulash and chimney cakes.
111	Samoa	Tropical	Fish, Coconut, Taro	Samoa	Discovering unique island flavors in taro and coconut dishes.
112	Burmese	Hearty	Rice, Fish, Coconut	Myanmar	Exploring the comforting flavors of traditional meal.
113	Nigerian	Spicy and Rich	Rice, Beans, Fish	Nigeria	Savoring dishes like jollof rice and suya.
114	Nepalese	Spicy and Hearty	Rice, Lentils, Spices	Nepal	Diving into the flavors of dal bhat and momos.
115	Sudanese	Savory and Spicy	Beef, Lentils, Egyptian Spices	Sudan	Indulging in the diverse and rich foods of Sudanese cuisine.
116	Portuguese	Savory	Clams, Potatoes, Paprika	Portugal	Exploring seafood and traditional dishes like bacalhau.
117	Sri Lankan	Spicy	Curry Leaves, Coconut, Rice	Sri Lanka	Delving into the complexity of Sri Lankan flavors.
118	Sierra Leonean	Hearty	Cassava, Rice, Spices	Sierra Leone	Discovering traditional flavorful dishes in Sierra Leone.
119	Czech	Rich and Hearty	Pork, Dumplings, Sauerkraut	Czech Republic	Savoring traditional Czech dumplings and beer.
120	Panamanian	Tropical and Zesty	Plantains, Fish, Spice	Panama	Exploring the vibrant foods of Panama.
121	Bahraini	Spicy and Rich	Rice, Meat, Spices	Bahrain	Delving into traditional dishes like machboos.
122	Kazakh	Savory and Rich	Horse Meat, Dairy, Potatoes	Kazakhstan	Enjoying the traditional flavors of Kazakh cuisine.
123	Malawian	Savory	Nshima, Fish, Vegetables	Malawi	Savoring traditional flavorful meals in Malawi.
124	Tanzanian	Rich and Spicy	Fish, Bananas, Spices	Tanzania	Exploring Tanzania's diverse culinary culture.
125	Chadian	Rich and Hearty	Rice, Meat, Lentils	Chad	Indulging in traditional Chadian meals.
126	Somali	Savory and Spiced	Rice, Meat, Spices	Somalia	Exploring the rich spices of Somali dishes.
127	Malawian	Comforting	Rice, Beans, Fish	Malawi	Delving into unique and hearty Malawian flavors.
128	Lithuanian	Sweet and Hearty	Potatoes, Cabbage, Meat	Lithuania	Tasting zeppelins and traditional Lithuanian meals.
129	Sierra Leonean	Rich and Spicy	Cassava, Peanuts, Fish	Sierra Leone	Exploring the traditional dishes of Sierra Leone.
130	Estonian	Rich and Hearty	Fish, Potatoes, Dark Bread	Estonia	Savoring traditional Estonian kitchen delights.
131	Beninese	Savory	Rice, Fish, Spices	Benin	Diving into the unique rich flavors of Beninese dishes.
132	Rwandan	Hearty	Matoke, Beans, Potatoes	Rwanda	Indulging in traditional Rwandan meals.
133	Tunisian	Spicy	Couscous, Meat, Vegetables	Tunisia	Exploring the complexity of Tunisian flavors.
134	Venezuelan	Savory and Sweet	Arepas, Avocado, Cheese	Venezuela	Delving into the flavors of traditional Venezuelan dishes.
135	Samoa	Savory and Tropical	Fish, Taro, Coconut	Samoa	Exploring fresh and tropical island flavors.
136	Babylonian	Savory and Rich	Wheat, Dates, Fish	Ancient Mesopotamia	Exploring the historic culinary practices of Babylonia.
137	Meldorian	Exotic	Spices, Fish, Nuts	Meldor	Tasting the rich and unique flavors of

					Meldorian cuisine.
138	Karnathian	Green and Spicy	Leafy Greens, Cocktail Spices, Fish	Karnath	Exploring the vibrant and spicy notes of Karnathian cuisine.
139	Lothrian	Comforting	Vegetables, Soft Cheeses, Pasta	Lothria	Indulging in the comforting flavors of Lothrian meals.
140	Tajik	Savory and Spicy	Lamb, Rice, Spices	Tajikistan	Exploring garnished pilaf and traditional bread.
141	Turkish	Savory and Spiced	Lamb, Yogurt, Rice	Turkey	Diving deep into the rich spices of Turkish cuisine.
142	Bhutanese	Spicy and Flavorful	Hot Peppers, Cheese, Rice	Bhutan	Exploring the bold flavors of a traditional Bhutanese meal.
143	Soviet	Rich and Diverse	Beets, Bread, Potato	Soviet Union	Tasting the traditional rustic meals of the Soviet era.
144	Maltese	Rich and Flavorful	Lamb, Fish, Vegetables	Malta	Exploring hearty flavors of Maltese dishes.
145	Libyan	Spicy and Hearty	Rice, Meat, Fish	Libya	Exploring the hearty and diverse dishes of Libyan cuisine.
146	Nepali	Savory and Spicy	Rice, Lentils, Spices	Nepal	Savoring the traditional flavors of Nepali cuisine.
147	Bruneian	Tropical	Fish, Coconut, Rice	Brunei	Exploring the culinary richness of Bruneian meals.
148	Somali	Spicy and Aromatic	Rice, Lentils, Spices	Somalia	Indulging in traditional and aromatic Somali flavors.
149	Costa Rican	Fresh and Tropical	Rice, Beans, Fish	Costa Rica	Exploring the natural tropical flavors of Costa Rica.
150	Burmese	Rich and Savory	Rice, Fish, Coconut	Myanmar	Discovering the flavorful dishes of Burmese cuisine.